



50TH



ACIPSNZ 2025

Annual Conference of Indian Psychiatric Society - North Zone

11th -12th October 2025

**THEME- SEVERE MENTAL ILLNESS:
BEYOND PSYCHOPHARMACOLOGY**

Government Medical College & Hospital,
Sector 32, Chandigarh





From the desk



MESSAGE FROM PRESIDENT & GENERAL SECRETARY IPS- NORTH ZONE

Dear esteemed members,

It is a matter of great joy that the Golden Jubilee annual conference of the Indian Psychiatric Society North Zone is going to be held on the 11th and 12th of October 2025 at GMCH, Chandigarh.

I appreciate the way the organizing committee team under the Organizing Chairperson, Prof (Dr) Ajeet Sidana, and Organizing Secretary, Dr Shivangi Mehta, started work much earlier in the month of January 2025 and will take all measures for the success of this Golden Jubilee celebration. We wish the conference grand success and request esteemed members to join in large numbers and we look forward to welcoming you.

“Be the best of whatever you are.”

Long Live-IPS(NZ)!

DR. GURVINDER PAL SINGH
PRESIDENT IPS-NZ

DR. DEEPALI GUL
GENERAL SECRETARY



Executive Council

IPS-NZ 2024-25



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INDIAN PSYCHIATRIC SOCIETY



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HON. EDITOR



Invitation



MESSAGE FROM ORGANIZING COMMITTEE

Dear Colleagues,

With great pride and privilege, we are pleased to invite you to attend the 50th Annual Conference of Indian Psychiatric Society-North Zone at Government Medical College & Hospital (GMCH), Sector-32, Chandigarh on 11-12th October, 2025.

The name of 'Chandigarh' the City Beautiful, is derived from Goddess of power 'Chandi' whose temple (Chandi Mandir) is on Chandigarh-Kalka road. Situated at the edge of Shivalik Hills and planned by famous French architect Le Corbusier, Chandigarh, today is pioneer in many respects and is making steady progress in all directions. It is fast emerging as a hub of socio-economic growth, as a knowledge city, a tourist attraction with sound social and physical structure. Chandigarh is well connected to all the major cities by air, rail and road.

The theme of the Golden Jubilee conference "**Severe mental illness: beyond psychopharmacology**" was chosen to address this less discussed and difficult aspect of management of persons with severe mental illness (PSMI). The scientific deliberation will be useful for all the mental health professionals working with PSMI. During this one and half day of academic event, there will be symposium on theme itself along with other symposia, award papers, oration, oral papers and posters.

We are sure that rich scientific programme, city beautiful and hospitality of Organizing Committee will encourage you to attend this Golden Jubilee Conference at one of the best Medical Colleges of the country.

Please block the dates and register yourself at the earliest.

Warm Regards

DR. AJEET SIDANA
CHAIRPERSON

DR. SHIVANGI MEHTA
ORG SECRETARY

Organizing Committee



Organizing Committee



DR. A.K. ATTRI
DIRECTOR PRINCIPAL, GMCH
PATRON



DR. AJEET SIDANA
CHAIRPERSON



DR. PRITI ARUN
CO-CHAIRPERSON



DR. SHIVANGI MEHTA
ORG SECRETARY



**DR. PRINKA
ARORA**
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**DR. SUSHMITA
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**DR. ABHINAV
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**DR. APRAJITA
LOBANA**
EDITOR, SOUVENIR

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**MS. VIRTU
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MS. MANJU SAREEN**

**DR. SANYA SHARMA
DR. HIMANI MITTAL
MS. DEEPIKA SEHGAL**

BROCHURE COMPILATION: DR. RIBHAV GUPTA



Registration Details



Registration Form

(A) Email scanned copy of the duly filled form (attached on next page) along with payment proof on acipsnz2025@gmail.com

or

(B) To fill online form - [CLICK HERE TO ACCESS FORM](#)

Payment Options

1. Online - NEFT, IMPS, Bank transfer on given account details

IMPORTANT POINTS

- Registration is non-transferable.
 - All Remittance / Bank charges / Online Transaction fees are to be borne by the registrant.
 - Letter from HOD is mandatory for Post Graduate Student registration.
 - Conference registration is mandatory for presenting award paper, oral paper, poster and symposia in the conference, and participation in workshops.
 - The organizing committee is not responsible for payments made in any form without registration form and details of payment. Organizing committee will not entertain requests to refund the same.
 - If any form is submitted without attaching correct payment proof, the registration will not be accepted by the organizing committee.
 - For spot registrations: payment will be accepted only by mode of Cash/UPI.
-

PAYMENT DETAILS:

ACCOUNT NAME: ACIPSNZ2025

ACCOUNT NO. 43514422443

IFSC CODE: SBIN0010607

BANK: SBI, GMCH SEC 32 CHANDIGARH

Registration



50TH



ACIPSNZ 2025

Annual Conference of Indian Psychiatric Society - North Zone

REGISTRATION FORM

Title: Prof./Dr./Mr./Ms./Mrs.

Full Name: Age/Sex:.....

Address:

City: State:

Postal Code:..... Contact number:.....

Email Address:.....

Category	Early Bird Till 31 st March	1 st Apr to 30 th June	1 st July to 30 th Sept	Spot- 1 st Oct onwards
IPS-NZ Member	Rs 5000	Rs 6000	Rs 7000	Rs 8000
PG Student (Medical)	Rs 3500	Rs 4500	Rs 5500	Rs 7000
PG Student (Non-Medical)	Rs 3000	Rs 4000	Rs 5000	Rs 6000
Non-member delegate	Rs 6000	Rs 7000	Rs 8000	Rs 9000
Accompanying person	Rs 3000	Rs 4000	Rs 5000	Rs 6000

Affiliation/Org/Institute:.....

Designation:.....

Membership Number (IPS):.....State Council/Reg. No.....

Accompanying Person Details:

1. Name:..... Relation with Applicant:.....

2. Name:..... Relation with Applicant:.....

Payment Transaction No.Mode of Transaction

Date of Transaction.....

Signature of Applicant

Payment Details:

Account Name: ACIPSNZ2025

Account No. 43514422443

IFSC Code: SBIN0010607

Bank: SBI, GMCH Sec 32 Chandigarh

Academic Presentations



Academic Details



Cutoff Dates:

- Award papers/Oration/ Workshop- 31st July 2025
- Oral Papers/Posters/Symposium- 31st August 2025

Complete Scientific Schedule will be uploaded soon!

Award Paper:

- Dr. NN Wig Oration
- Dr. G.D. Koolwal Award
- Dr. Buckshey Award
- Dr. G.C. Boral Award
- Dr. V.D. Meel Poster Award

Award rules are available at IPS-NZ website (<https://ipsnz.org>). Members desirous of submitting their research work for award paper presentation should send it to Chairman Awards Committee, **Dr. Roop Sidana** at email: drroop67@gmail.com latest by 31st July 2025.

Oral Paper/Poster/Symposium/Workshop

Abstract of Paper/Poster, Workshop & Symposium should be submitted to President, IPS North Zone **Dr Gurvinder Pal Singh** on Email ID: gpsluthra@gmail.com, with-

- Subject : ACIPSNZ-2025 Abstract
- CC to: acipsnz2025@gmail.com
- **Registration Number of the conference must be provided with the Abstract.**
- Last Date for Workshop: 31st July 2025
- Last Date for Oral Paper/Poster/Symposium: 31st August 2025



Abstract Submission Guidelines



General Information:

- Each registrant may submit abstract/s of his or her work for presentation during the ACIPSNZ 2025.
- It is expected that the abstract will include original data not previously published in a peer-reviewed journal or the proceedings of a national meeting or presented in a scientific conference.
- Registration is mandatory for the presenting author to present the poster or oral paper. All submissions will go through the peer review process.
- Authors selected for oral paper and poster presentations will be informed well in advance.
- Notices and instructions regarding acceptance of the abstract and presentation guidelines will be sent to the presenting author's e-mail address provided at the time of abstract submission.
- Abstracts selected for presentation during the conference will be printed from the electronically submitted material. Every effort will be made to reproduce the content of the abstracts as submitted. The Scientific Committee does not proof-read or correct spelling, typographical, grammatical, or scientific errors, nor can changes be made once the abstract is submitted. Minor formatting changes may be made by the Abstract Review Committee before publication.
- Detailed information on the presentation format and submission procedures (i.e. duration and timing of the presentation, size of poster) will be emailed to all delegates whose papers have been accepted by the Scientific Committee.
- **Registration Number of the conference must be provided with the Abstract.**

Abstract Guidelines

Abstract Guidelines



Academic Details



Oral Paper/Poster Abstract Submission Guidelines

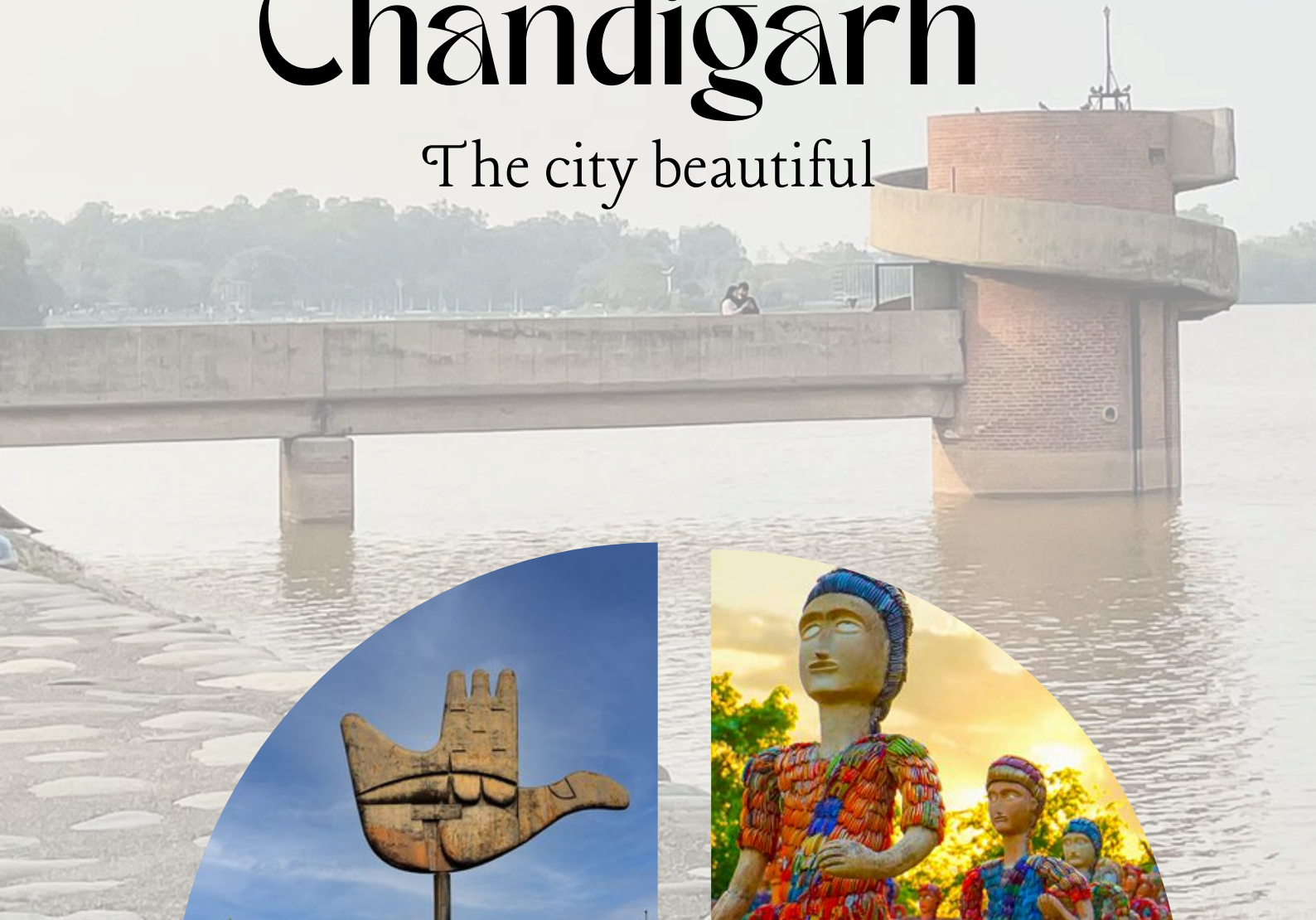
- Oral Paper/Poster Abstract text must be structured under the following headings:
 - When presenting a study- IMRaD (Introduction, Aims & Objectives, Methodology, Results and Discussion) format
 - When presenting a case report- Background, The Case, and Discussion format
- The length of the abstract body should not exceed 300 words.
- The abstract should have 3-5 keywords.
- All abstracts must be submitted in English and in Times New Roman font.
- Indicate your presentation preference (oral paper/ poster) when submitting your abstract. The final decision about oral/poster presentation will stay with the scientific committee, though attempts will be made to honor your choice.

Abstract of Paper/Poster/Symposium should be submitted to President, IPS North Zone **Dr Gurvinder Pal Singh** on Email ID: **gpsluthra@gmail.com**, with-

- Subject : ACIPSNZ-2025 Abstract
- CC to: **acipsnz2025@gmail.com**
- **Registration Number of the conference must be provided with the Abstract.**
- Last Date : 31st August 2025

Chandigarh

The city beautiful



Chandigarh: A Perfect Blend of Nature, Architecture, and Culture

Nestled at the foothills of the Shivalik range, Chandigarh—India's first planned city—is a paradise for travelers. Known as "The City Beautiful," it offers a unique combination of modernist architecture, lush green spaces, and cultural vibrancy, making it an ideal destination for both leisure and business travelers.

Architectural Marvels

Designed by the legendary architect Le Corbusier, Chandigarh's urban landscape is a masterpiece of modern architecture. The Capitol Complex (a UNESCO World Heritage Site) houses the High Court, Secretariat, and Legislative Assembly, reflecting the city's architectural grandeur. The Open Hand Monument, a symbol of peace and progress, stands as a must-visit landmark.

Scenic Attractions & Leisure Spots

For nature lovers, Sukhna Lake offers a serene escape, perfect for boating, jogging, or simply unwinding. The world-famous Rock Garden, created by artist Nek Chand, is an extraordinary sculpture garden made from industrial waste. The beautifully landscaped Rose Garden, Asia's largest, and the peaceful Japanese Garden further enhance Chandigarh's charm.

Vibrant Culture & Shopping

Chandigarh's vibrant culture is reflected in its lively festivals, food, and shopping hubs. Sector 17 Plaza is the city's commercial and shopping heart, while Elante Mall offers a premium shopping experience. Food enthusiasts can savor authentic Punjabi cuisine at the city's many iconic eateries.

Connectivity & Hospitality

Well-connected by air, rail, and road, Chandigarh serves as a gateway to Himachal Pradesh. The city boasts world-class hotels, convention centers, and an efficient transport system, making it an ideal destination for conferences, business meets, and leisurely getaways.

Discover Chandigarh—a city where modernity meets tranquility!

PLACES TO STAY

Luxury & Business Hotels:

- JW Marriott Chandigarh
- The LaLiT Chandigarh
- Taj Chandigarh
- Hyatt Regency Chandigarh



CITCO Hotels – Government-Owned: (www.citcochandigarh.com)

- Hotel Mount View (5-Star)
- Hotel Shivalik View (4-Star)
- Hotel Parkview (Budget-Friendly)

Hotels near Conference Venue:

- The Fern Residency
- Novotel Chandigarh
- Mercure Chandigarh
- Hotel Turquoise



City is well connected by various means of transportations

- Airways (Airport to GMCH-32: 18kms)
- Railways (Railway station to GMCH-32: 7.5 kms)
- Buses (Bus stand -43 to GMCH-32: 6.9 kms)
- Cab service (24 X 7)



Conference Secretariat:

Department of Psychiatry, Level V, Block- D,
Government Medical College & Hospital (GMCH),
Sector-32, Chandigarh (UT)-160030,
E-mail: acipsnz2025@gmail.com
Tel: 0172-2502402



WELCOME

Secretariat Details