

PGDP 2024 REPORT *(held on 18th - 19th May 2024 at IGMC Shimla)*

Post Graduate Development Programme of Indian Psychiatric Society- North Zone was organized at Indira Gandhi Medical College Shimla, Himachal Pradesh on 18th-19th May 2024. Theme for this year was “Consultation-Liaison Psychiatry.” There were 35 Faculty and 157 Post Graduate Residents who participated in the event.

The event started with the inauguration ceremony held at Atal Sabhagar (IGMC). Dr Seeta Thakur Principal IGMC Shimla, Dr Mamta Sood President IPS North Zone, Dr Savita Malhotra Vice President IPS and President-Elect IPS, Dr Sujit Sarkhel Hon. Editor IPS, Office Bearers (Vice-President, Hony Secretary, Treasurer, Editor) of IPS-NZ, Organising Chairperson & Secretary were present on the Dias.

First session “Scope of C L Psychiatry and what a Postgraduate trainee should know about C L Psychiatry” was delivered by Dr Sandeep Grover.

Second session “Assessment and management of agitated patient” was delivered by Dr Ravi Sharma, Assistant Professor Psychiatry, IGMC Shimla.

Third session “Assessment and management of patient with suicidal behaviour” was presented by Dr Sujit Sarkhel.

Fourth session “Workshop on communication skills for practice of CL Psychiatry” was delivered by Dr Manu Arora, Dr Sandeep Grover and Dr Mukesh Swami.

Fifth session “Depression in medical setting” was delivered by Dr Naresh Nebhinani.

Last session for day-1 “Assessment and management of patients with delirium” was presented by Dr Hitesh Khurana.

Screening Round of PG Quiz was conducted by Quiz Master- Dr Jitender Aneja and Dr Nidhi Sharma. The EC meeting of the IPS NZ followed the academic sessions. Day one ended with the Gala dinner at Woodville Palace Shimla.

Day-2 commenced with the PG Quiz where the teams with highest marks scored in the screening round were called on stage for Final Round and the winning teams-Dr Arshia & Dr Harshad from PGIMER Chandigarh (first), Dr Harshpreet and Dr Shikha from SMS Medical College, Jaipur (second), and Dr Jai and Roshan from IHBAS Delhi (third) were awarded.

After PG Quiz the first session of the day-2 “Assessment and management of patients with medically unexplained symptoms” was presented by Dr Gurvinder Pal Singh.

Second session “Principles of pharmacological management in CL setting” was delivered by Dr Perna Kukreti.

Last session “Medical emergencies in Psychiatric practice” was presented by Dr Sandeep Grover.

Each session was followed by an open question and answer round and the residents with best questions were awarded. Post graduate development program 2024 ended with a Valedictory session. PG students and Faculty had lively interaction and expressed the praise and gratitude for academic feast, great learning, kind hospitality and nice experience.







