23rd Post Graduate Development Programme

8th-9th July 2023

Theme

Addressing Mental Health Issues of Children and Youth

ORGANISED BY

Department of Psychiatry
Government Medical College, Kota

Under the aegis of
Indian Psychiatric Society
North Zone

Venue

Lotus Ananta Elite, Kota

WELCOME

It is our pleasure to welcome you to Kota for 23rd Post Graduate Development Programme organised by the Department of Psychiatry, Government Medical College, Kota, Rajasthan under the aegis of Indian Psychiatric Society - North Zone. The theme of PGDP-2023 is **"Addressing Mental Health Issues of Children and Youth"**.

Located along the beautiful banks of River Chambal, Kota is the third largest City in Rajasthan. Kota is an amazing amalgamation of royal medieval age culture and modern-day industrialization. This place is much known for its exquisite Kota Doria sarees woven on silk and cotton with unique assortment of hues.

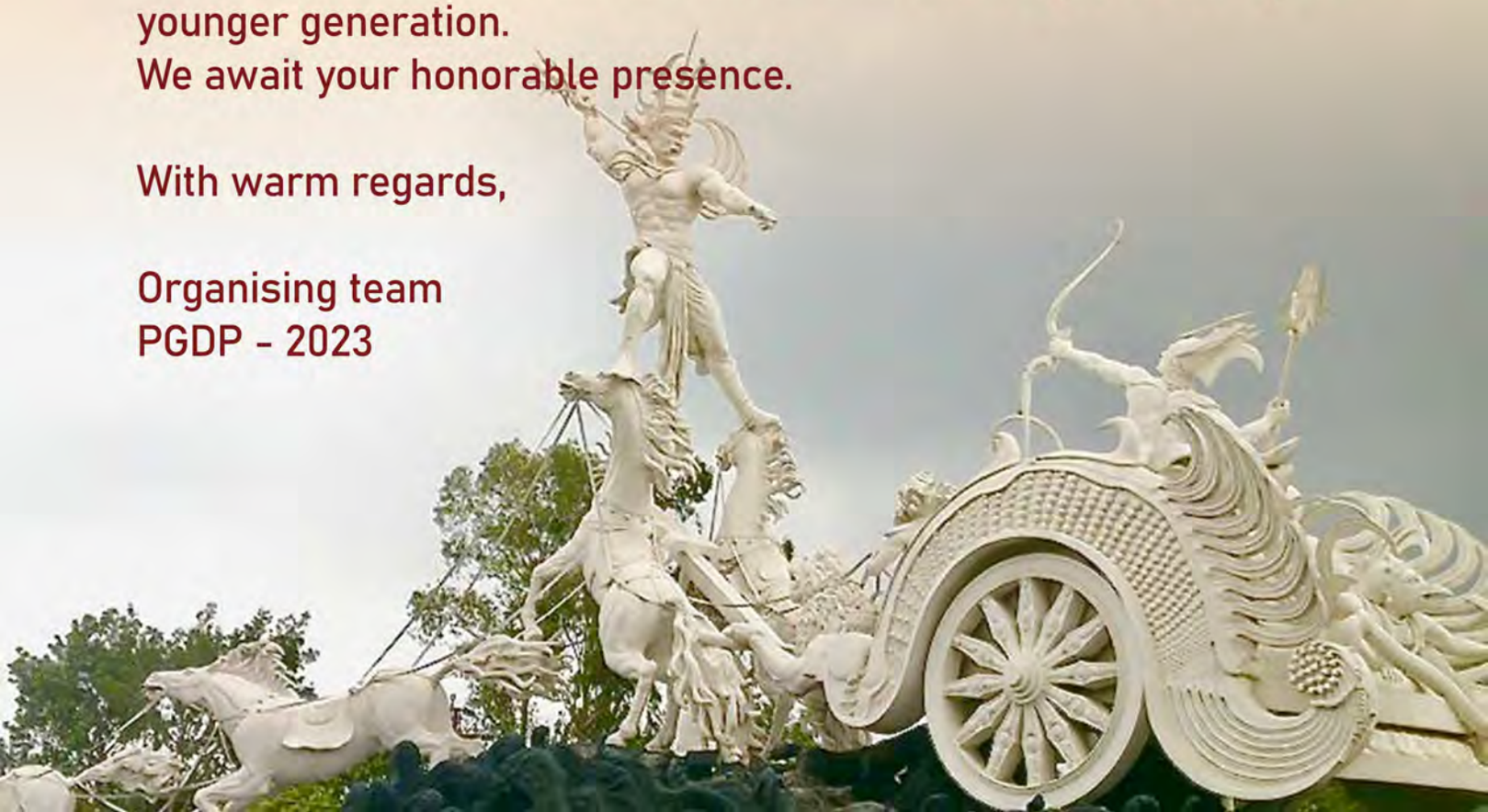
Kota, being an educational hub where coaching students arrive from all over the world, is prone to mental health issues among Children and Youth, thus making it an apt and important event.

This scientific programme aims to gather leading experts and professionals in the field of Child, Adolescent and Youth Psychiatry to discuss, explore and teach postgraduate students effective approaches to tackle the mental health challenges faced by the younger generation.

We await your honorable presence.

With warm regards,

Organising team
PGDP - 2023



Scientific Programme

DAY ONE: 8th JULY, 2023

Timings	Topics	Speakers
9:00 AM - 9:30 AM	**Registration**	
9:30 AM - 10:15 AM	**Inauguration**	
10:15 AM - 10:30 AM	**High Tea**	
10:30 AM - 11:30 AM	General Scheme of assessment of children & adolescents presenting with mental health issues	Dr. Priti Arun
11:30 AM - 12:30 PM	Assessment and Management of Intellectual Disability	Dr. Akhilesh Sharma
12:30 PM - 1:30 PM	Specific Learning Disorder: Assessment And Management	Dr. Rachna Bhargava
1:30 PM – 2:00 PM	**Lunch**	
2:00 PM – 3:00 PM	Understanding Autism Spectrum Disorder (ASD): Comprehensive Assessment and Evaluation	Dr. (Col.) Raghu Nandan Mani
3:00 PM – 4:00 PM	Pharmacological and Non-Pharmacological management of Autism Spectrum Disorder	Dr. Syed Karrar
4:00 PM - 5:00 PM	Complex ADHD: The wide world of ADHD Comorbidities	Dr. Jitender Aneja
5:00 PM - 5:15 PM	**Tea Break**	
5:15 PM – 6:15 PM	Strategies and techniques for effective ADHD management: Nurturing focus, organisation and productivity	Dr. Deepak Gupta
8:00 PM onwards	**Gala Dinner**	

DAY TWO: 9th JULY, 2023

8:00 AM - 9:00 AM	**PG Quiz**	Dr. Akhilesh Sharma
9:00 AM - 10:00 AM	Examining the devastating reality: Child abuse and assessment of sexual abuse in children	Dr. Rajesh Sagar Dr Naresh Nebhinani
10:00 AM - 10:15 AM	**Tea break**	
10:15 AM - 11:15 AM	Assessment and Management of Children and Adolescents presenting with Psychosis	Dr. Sandeep Grover
11:15 AM - 12:15 PM	Assessment, management & prevention of Suicidal behaviour in Children & Youth	Dr. Vivek Agarwal
12:15 PM - 1:15 PM	Unravelling the tangle: Behavioural Addiction-Consequences, treatment and Recovery Strategies	Dr. Yatan Pal Singh Balhara
1:15 PM - 1:45 PM	**Valedictory**	
1:45 PM onwards	**Lunch**	

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