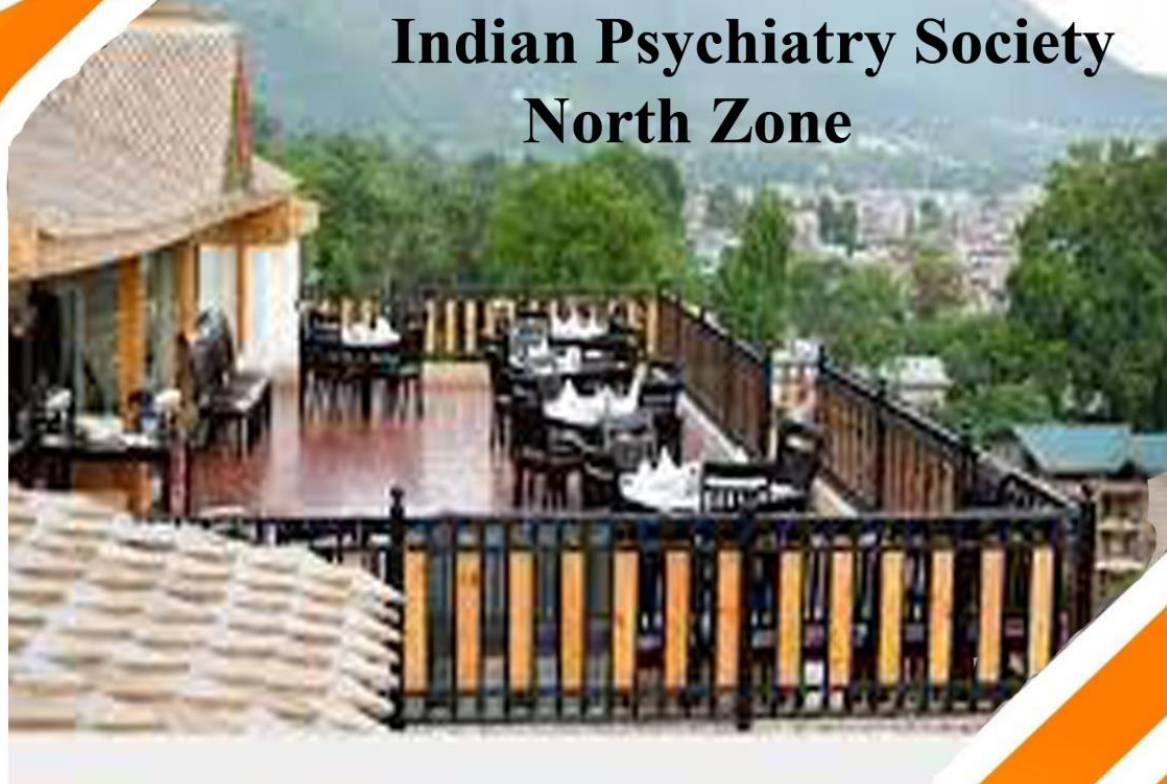




22nd Post Graduate Development Programme under the aegis of Indian Psychiatry Society North Zone



Theme: Bipolar Affective Disorder

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**Hybrid
Mode**

**20 to 21
August
2022**

Chief Patron
Prof. Parvaiz Ahmad Koul

Patrons
Prof. Samia Rashid, Prof. Irfan Robbani

Co-Patron
Prof. Mushtaq A Margoob

Organised by:
Department of Psychiatry
SKIMS Medical College Bemina & GMC Srinagar (IMHANS)

6 Credit hours granted
by JK Medical Council

Organising Chairman
Prof. Mohammad Maqbool

Organising Secretary
Prof. Abdul Majid

Joint Secretaries
Dr. Nizam u din
Dr. Junaid Nabi
Dr. Ajaz Ahmad

Venue
R.K Sarovar Portico, Srinagar

22nd Post Graduate Development Program
Indian Psychiatric Society North Zone
20th & 21st Aug 2022, Srinagar
Theme: Bipolar Affective Disorders
Scientific Program

	Topic	Speaker	Chairperson	Moderator
Day-1				
8:30 - 09:00 AM	Registration			
09:00 -10:00 AM	Inauguration followed by Tea			
10.00-11.00 AM	Current Nosology of Bipolar disorder	Dr M S Reddy	Dr Nitin Gupta Dr Ajit Sidana Dr Manu Arora	Dr Junaid Nabi
11.00-12.00 Noon	Understanding the Course of Bipolar Disorder	Dr Sandeep Grover	Dr. Ajit Avasthi Dr Sandeep Goyal Dr Yasir H Rather	Dr. Aijaz Ahmad
12.00-1.00 PM	Lithium: Assessment before and during the treatment	Dr Murlidharan Kesavan	Dr. Mohammad Maqbool Dr Shashi Rai Dr Rajesh Rastogi	Dr Manmeet Singh
1PM -1:45 PM	Lunch Break			
1:45 -2.45 PM	Valproate in Bipolar disorder: How to Use it?	Dr. Naresh Nebhinani	Dr Gautam Saha Dr Manish Bathla Dr. Deepali Gul	Dr. Majid Shafi
2:45 -3.45 PM	Understanding the Current concept of mixed states	Dr O P Singh	Dr. N N Raju Dr Shiv Gautam Dr. Jagdish R Thappa	Dr. Nizam-u-din
3:45 - 4.00 PM	Tea Break			
4 PM – 5:00 PM	Challenges in the management of Bipolar Depression	Dr E. Mohandas	Dr. Mushtaq Margoob Dr. Arabhindo Bhrama Dr. Vinod Daria	Dr Mansoor Ahmad
5 PM- 6 PM	Non-pharmacological management of bipolar disorder	Dr Arshad Hussain	Dr Savita Malhotra Dr. Dinesh Kataria Dr Jitendra Jeengir	Dr. Abhishek Chowhan

Day-2				
9.00-10:00 AM	Comorbidity of substance use disorders and bipolar disorder: Assessment and Management	Dr Atul Ambekar	Dr Rakesh Chadda Dr Roop Sidana Dr. Gulbahar Sidhu	Dr. Fazle-Roub
10 am -11 am	Role of Antipsychotics in the management of bipolar disorder	Dr Raman Deep	Dr Debashish Basu Dr Lalit Batra Dr Laxmi Rathi	Dr Rayees Ahmad
11 am -12 noon	Bipolar Affective Disorder- Circadian rhythm and sleep.	Dr Ravi Gupta	Dr. Vinay Kumar Dr Bharat S Shekhawat Dr. Zaid A Wani	Dr Tajamul Hussain
12:00 -1:00 PM	Use of Psychotropics during pregnancy, and postpartum in a woman with bipolar disorder	Dr Sonia Parial	Dr. Tophan Pati Dr Tushar Jagawat Dr. Neeru Bala	Dr Youman Kawoosa
1:00 pm Onwards	Valedictory Session			