



**Dr. Sandeep Goyal**  
President



**Dr. Nitin Gupta**  
Vice President



**Dr. Abdul Majid**  
Honorary Secretary



**Dr. Sandeep Grover**  
Honorary Editor



**Dr. Satish Kumar Verma**  
Honorary Treasurer



# **46<sup>TH</sup> ANNUAL CONFERENCE INDIAN PSYCHIATRIC SOCIETY- NORTH ZONE**

11<sup>th</sup> & 12<sup>th</sup> December, 2021 | Hybrid / Dual Mode

**Theme: Psychopharmacology**

**Venue: Hyatt Regency Chandigarh**



## Message

It is our proud privilege and honor to invite you to the 46<sup>th</sup> Annual Conference of Indian Psychiatric Society-North Zone at Chandigarh, on 11<sup>th</sup>&12<sup>th</sup> December 2021. Chandigarh, The City Beautiful is internationally known for its architecture and urban design.

The Theme of the conference is “**Psychopharmacology**”. Psychopharmacological agents are one of the most important interventions in the armamentarium of the psychiatrists. Prior to the emergence of psychotropics, the course and outcome of various psychiatric disorders was in general considered to be poor, and the patients with mental disorder were kept in mental asylums. Emergence of various psychotropics since 1950s has impacted the course and outcome of various mental disorders and has contributed to shifting of patients from the mental asylum to the community to live with their family members.

The spectrum of psychopharmacological agents is ever growing and understanding the role of psychopharmacological agents in management of various psychiatric disorders is one of the most important components of the psychiatry education. We hope that the lectures on psychopharmacology as part of the 46<sup>th</sup> Annual Conferences of Indian Psychiatric Society-North Zone will help our members to update themselves and pass on the benefits to their patients.

We are looking forward for active and enthusiastic participation of all of our colleagues.



**Dr. Sandeep Goyal**

President, IPS North Zone and  
Organising Chairperson



**Dr. Abdul Majid**

Hony General Secretary, IPS North Zone  
and Organising Secretary



Last date of award paper submission extended to 30<sup>th</sup> October 2021

## Award Papers

Members desirous of submitting their research work for award paper presentation should send it to Chairman Awards Committee, Dr. Arshad Hussain on [arshadtina@gmail.com](mailto:arshadtina@gmail.com), latest by 30<sup>th</sup> October 2021.

**Dr. A K Kala Award:** This award is given for original research in Biological Psychiatry. There is no age bar. Award money is Rs. 2500.

**Dr. Buckshey Award:** This award will be given to the paper presented by the member of the Indian Psychiatric Society-North Zone who is not above 35 years of age at the time of presentation. Award money is Rs. 1000. The paper must be accompanied with proof certifying age of the presenting author.

**Dr. G.C. Boral Award:** There is no age bar. Award money is Rs. 1000.

**Bombay Psychiatric Society Silver Jubilee (BPSSJ) Award:** All the award papers can compete for the BPSSJ award. The authors, if they desire to compete for this award, should send a declaration about their desire and willingness to compete for the nomination for the BPSSJ award.

Free papers (i.e the papers other than the award papers) can also compete for the best paper award to the nomination for BPSSJ award. For this, the authors of the free paper must submit soft copy of the full text of their paper along with the declaration as explained above, to the chairpersons, Awards committee. This submission will have to be in addition to the soft copy of abstract of the free paper to be submitted to the President, Indian Psychiatric Society-North Zone.

**Note:** The presenting authors of the selected award papers for award paper presentation are advised to come in person for presentation to the Venue. In case due to any reasons they can not make it to the venue and prefer online mode of presentation, Organizers will not take any responsibility for any technical issues during their presentation session and outcome of their results.

**For the Details of Award Rules see the website**

<http://ipsnz.org/awards-fellowship/>

## Free papers

Abstract of free papers should be submitted to President, Indian Psychiatric Society-North Zone, Dr. Sandeep kumar Goyal on [goyaldrsandyy@gmail.com](mailto:goyaldrsandyy@gmail.com) latest by 20<sup>th</sup> November 2021.

Free papers (i.e the papers other than the award papers) can also compete for the best paper award to the nomination for BPSSJ award. For this, the authors of the free paper must submit soft copy of the full text of their paper along with the declaration as explained above, to the chairpersons, Awards committee. This submission will have to be in addition to the soft copy of abstract of the free paper to be submitted to the President, Indian Psychiatric Society-North Zone.



# NN Wig Oration

Esteemed Colleagues,  
Greetings!

Nominations are invited for N N Wig Oration of Indian Psychiatric Society-North Zone for year 2021 from eligible fellows of Indian Psychiatric Society-North Zone. Nominations may be sent via email to Chairman Awards Committee, Dr Arshad Hussain on his email [arshadtina@gmail.com](mailto:arshadtina@gmail.com) & copy to Hony Secretary IPS North Zone, Dr. Abdul Majid at [maajid72@gmail.com](mailto:maajid72@gmail.com) latest by 30<sup>th</sup> October 2021. The oration will be delivered during next Annual Conference of IPS-North zone to be held in 2022. Please go through guidelines for eligibility and send your nominations.

Best Regards  
Dr. Sandeep Goyal  
President, IPS North Zone

Best Regards  
Dr. Abdul Majid  
Hony Secretary, IPS North Zone

## Guidelines

1. The oration award will be declared one year in advance at every Annual National Conference of Indian Psychiatry Society - North Zone.
2. Any Fellow of IPS-NZ with atleast 10 years of professional standing can propose the name of any other Fellow of IPS-NZ for the oration.
3. The nominee should be a Fellow of IPS-NZ at least for last 10 years with good professional standing and should be above 50 years of age.
4. The proposal including three copies of the bio-data of the nominee must be submitted to the Chairperson, Awards Committee by a date determined by the Executive Council of IPS-NZ. The proposal must be accompanied by a written consent of the nominee. In addition to 3 copies of the proposal, soft copy of the proposal MUST be submitted to the Chairperson.
5. A panel of judges shall rate the nominations. The contribution of the nominee in the filed of mental health shall be the basis for rating. The nomination securing the highest total marks (out of 100) shall win the oration, subject to ratification by the Awards Committee and the IPS-NZ executive council. In case of tie, the short listed nominations shall be re-assessed by another panel of three judges. The nominee must get at least 50 marks out of 100 to the oration.
6. Final evaluation would be done as per the following guidelines:
  - a. Contribution to development of mental health in India - 30 marks
  - b. Contribution to IPS North Zone: 25 marks  
As office bearer, Organising and attending IPS-NZ activities, Presenting Papers / Chairperson in IPS-NZ activities, Presenting Award Papers and any other significant contribution to IPS NZ.
  - c. Overall research contribution: 20 marks (2 marks for non pubmed journal and 4 marks for pubmed journal.)
  - d. Experience/ seniority in the profession: 15 marks ( Half mark for each year after passing MD after 50 years of age)
  - e. Awards and honors by professional associations: 10 marks (one mark for an award by state/ zonal body, 2 marks for a national award and 3 marks for an international award)
7. The selected oration paper will become the property of the IPS-NZ and shall be published in the Journal of Mental Health and Human Behaviour with necessary editorial corrections. The speaker will pass on the oration paper to the Editor, Journal of Mental Health and Human Behaviour within 2 weeks of the last date of the annual conference for publication in the Journal.
8. The speaker can choose any topic related to psychiatry for the oration. He shall intimate the title of the oration to the Chairperson, Awards Committee at least three months prior to the Conference.
9. No person shall win the Award more than once.



# Executive Council of IPS-NZ 2020-21

## President

**Dr. Sandeep Kumar Goyal**

## Immediate Past President

**Dr. Tushar Jagawat**

## Vice President

**Dr. Nitin Gupta**

## Immediate Past Gen. Secretary

**Dr. Abdul Majid**

## Hony General Secretary

**Dr. Abdul Majid**

## Chairman Awards Committee

**Dr. Arshad Hussain**

## Hony Editor

**Dr. Sandeep Grover**

## Chairman CME Committee

**Dr. Rajesh Rastogi**

## Hony Treasurer

**Dr. Satish Kumar Verma**

## Chairman Election Commission

**Dr. Mamta Sood**

## NZ Representative to IPS

**Dr. Bharat Singh Shekhawat**  
**Dr. P. D. Garg**

## Advisory Committee of Past President

**Dr. B. L. Goyal**  
**Dr. C.M. Sharma**  
**Dr. R.K. Chadda**  
**Dr. Rajiv Gupta**  
**Dr. Roop Sidana**

## Executive Council Member

**Dr. Gulbahar Sidhu**  
**Dr. K. K. Verma**  
**Dr. Manaswi Gautam**  
**Dr. Manish Bathla**  
**Dr. Subhash Das**

## Registration Details

**For those intending to attend physically (offline/in person)**

Date	Members	Non-Members	PG/Accompanying person
Till 20 <sup>th</sup> Nov, 21	3000/-	3500/-	2000/-
After 20 <sup>th</sup> Nov, 21	4000/-	4500/-	2000/-

**Delegates intending online participation - Free Registration**

Click on below link:

<https://www.vccme.in/ipsnz/>

**Delegates desiring to attend in-person may opt for online transfer of registration fee in favour of Indian Psychiatric Society North Zone SBI branch GMCH Chandigarh (S/B Account No. 31489959628 IFS code: SBIN0010607) and copy of the online bank receipt sent to [ipsnorthzone@gmail.com](mailto:ipsnorthzone@gmail.com)**

Registration is mandatory for all participants. PG students have to submit a letter of recommendation from their respective HOD's. The PG student category includes students pursuing PG course in Psychiatry, Psychology, Psychiatric social worker and Psychiatric nursing.

### **Note:**

In view of COVID-19 pandemic and guidelines issued by Government of India only fifty (50) offline / physical registrations would be accepted on first come first serve basis by sending registration form along with transaction details to Hony. General Secretary, IPS-North Zone on his email [maajid72@gmail.com](mailto:maajid72@gmail.com). Kindly confirm for available space from Hony General Secretary, Dr. Abdul Majid before sending a registration form and making the transaction.

Depending on the COVID-19 situation, the number of in-person participants may change and registrations for in-person participation may be cancelled.





# INDIAN PSYCHIATRIC SOCIETY- NORTH ZONE

Venue:

Registration From

(For Office Use)

Name \_\_\_\_\_

Age \_\_\_\_\_ Qualification \_\_\_\_\_

Organisation / Institute \_\_\_\_\_

Nationality \_\_\_\_\_

Address \_\_\_\_\_

Mobile \_\_\_\_\_ E-mail \_\_\_\_\_

Status IPS Member/Non Member/PG Student/Corporate

IPS Member No \_\_\_\_\_

Medical Council No. \_\_\_\_\_

Accompanying Person \_\_\_\_\_

(Family Member Only) \_\_\_\_\_

Payment Details Amount Rs \_\_\_\_\_

Transaction ID (for Online Payment) \_\_\_\_\_