

Instructions for contributors

The Journal of Mental Health and Human Behaviour (JMHHB) is the official publication of the Indian Psychiatric Society – North Zone, that considers for publication articles in all fields of Psychiatry. The Journal aims to provide an update on the research work in Northern India in the field of mental health. Submissions should be sent, preferably by e-mail, along with a covering letter and a contributor's form signed by all authors to:

Dr Rajesh Sagar

Additional Professor
Department of Psychiatry
AIIMS, Ansari Nagar
New Delhi-110029
Email: drrajeshsagar@gmail.com

The covering letter must include information on prior or duplicate publication or submission elsewhere of any part of the work/study; and a statement of financial or other relationships that might lead to a conflict of interest. Copies of any permission(s) to reproduce published the material, and to use illustrations or report information about identifiable people must accompany the manuscript. The format for contributor's form has been provided along with these Instructions for contributors.

Editorial process

The manuscripts will be reviewed for a possible publication with the understanding that they are being submitted to one journal at a time and have not been published, simultaneously submitted, or already accepted for publication elsewhere. All submitted manuscripts shall undergo an editorial review initially. Manuscripts with insufficient originality, serious scientific flaws or absence of importance of

message are rejected. Rest manuscripts shall be sent to expert reviewers without revealing the identity of the contributors to the reviewers. Within a period of three months, the contributors will be informed about the reviewers' comments and acceptance/ rejection of manuscript. Accepted articles would be copy-edited for clarity, readability, grammar, punctuation, print style and format.

Type of manuscripts

The Journal publishes editorials, review articles, original articles, brief communications, case reports and letters to editor. Editorials generally reflect on an important current theme of psychiatry. Review articles (up to 4,500 words, excluding abstract and references) summarize an important area of literature. Original articles describe an original research work (up to 3,500 words). Brief communications (up to 1,500 words) provide a short account of an innovative, novel work or preliminary findings from work still in progress. Case reports (up to 1,000 words) highlight an unusual case of significance to the field. Letters to editor (generally up to 500 words) can deal with a recently published article or personal observations on a theme of relevance or can be a short, succinct research-based letter.

From time to time, the journal shall also invite guest editorials, articles for debate, viewpoints, book reviews etc.

Preparation of manuscript

Manuscripts must be prepared in accordance with "Uniform requirements for Manuscripts submitted to Biomedical Journal" developed by International Committee of Medical Journal Editors (2006). The manuscript should be typed on A4 size (212 × 297 mm)

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paper, with margins of 1 inch from all the four sides, using double-spacing throughout. Type or print on only one side of the paper and number the pages serially, beginning with the title page. Arrange manuscript in following order:

Title page

Mention the type of manuscript, title of the article, running title not more than 50 characters, names of the contributor (In full, first name, middle name, last name), along with designations and institutional affiliations, the name of the department(s) and institution(s) to which the work should be attributed. Designate a corresponding author with name, address, phone numbers, facsimile numbers and e-mail address of the contributor responsible for correspondence. Mention the total number of pages, tables and word counts separately for abstract and for the text (excluding the references and abstract). If the manuscript was presented at a meeting or conference, mention the related details.

Abstract page

It should carry the full title of the manuscript and an abstract (of no more than 250 words for original/review articles and 150 words for case reports). Abstract should briefly state the background, aims, methods, results and conclusion. Three to six keywords should be provided.

Main manuscript

It should be organized under four broad headings: Introduction, Material and methods, Results and Discussion. There should be a clear description of the sampling and statistical techniques used for the study.

Reports of clinical trials should be based on the CONSORT statement. Reporting guidelines for specific study designs should be followed. Refer to the following weblink:

<http://www.equator-network.org/home/>

When reporting experiments on human subjects, procedures followed should be in accordance with the standards ethical committee on human experimentation and with the Helsinki Declaration of 1975, as revised in 2000, of which a clear mention should be made in the text. The manuscript should ensure full confidentiality in presentation of data and meet all ethical considerations. Avoid the duplication of findings between the tables and text. Discussion should be relevant and focused.

Acknowledgement

Specify contributions that need acknowledging, but do not justify authorship, such as general support by a departmental chair and acknowledgments of technical, financial and material support.

References

References should be numbered consecutively in the order of their first mention in text. Identify references in text by Arabic numerals in superscript. References cited only in tables or figure legends should be numbered in accordance with the sequence established by the first identification in the text of the particular table or figure. The titles of journals should be abbreviated according to the style used in Index Medicus. List the first six contributors followed by et al.

Standard journal article

- Seshadri L, George SS, Vasudevan B, Krishna S. Cervical intraepithelial neoplasia and human papilloma virus infection in renal transplant recipients. *Indian J Cancer* 2001; 38: 92-5.

Chapter in a book

- Phillips SJ, Whisnant JP. Hypertension and stroke. In: Laragh JH, Brenner BM, editors. *Hypertension: pathophysiology, diagnosis, and management*. 2nd ed. New York: Raven Press; 1995. pp 465-78.

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Personal author

Book

- Ringsven MK, Bond D. Gerontology and leadership skills for nurses. 2nd ed. Albany (NY): Delmar Publishers; 1996.
For further details, refer to the following weblink: http://www.nlm.nih.gov/bsd/uniform_requirements.html

Tables

Tables should be self-explanatory and not duplicate text material. Type each table with double-spacing on a separate sheet of paper. Limit number of tables to the minimum required.

- Number tables, in Arabic numerals, consecutively in the order of their first citation in the text and supply a brief title for each.
- Place explanatory matter in footnotes, not in the heading. Explain in footnotes all non-standard abbreviations or symbols that are used in each table.
- Obtain permission for all fully borrowed, adapted, and modified tables and provide a credit line in the footnote.

Contributor's form

Manuscript Title :

I/we certify that I/we have participated sufficiently in the intellectual content, conception and design of this work or the analysis and interpretation of the data (when applicable), as well as the writing of the manuscript, to take public responsibility for it and have agreed to have my/our name listed as a contributor. I/we believe the manuscript represents valid work. Neither this manuscript nor one with substantially similar content under my/our authorship has been published or is being considered for publication elsewhere. I/we certify that all the data collected during the study is presented in this manuscript and no data from the study has been or will be published separately. I/we attest that, if requested by the editors, I/we will provide the data/information or will cooperate fully in obtaining and providing the data/information on which the manuscript is based, for examination by the editors or their assignees. I/we also certify that we have taken all necessary permissions from our institution and/or department for conducting and publishing the present work. Conflicts of interests, direct or indirect, that exist or may be perceived to exist for individual contributors in connection with the content of this paper have been clearly disclosed in cover letter. Sources of financial support of the project are named in the cover letter.

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	Name	Signature	Date
1.	_____	_____	_____
2.	_____	_____	_____
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